

The Six F-Words for Child Development

LECKEY

1 Functioning

I might do things differently but I CAN do them. How I do them is not important. Please let me try!



2 Family

My family knows me best and I trust them. Listen to them. Talk to them. Hear them. Respect them.



3 Fitness

Everyone needs to stay fit and healthy both physically and mentally. Help me find ways to keep fit.



4 Friends

Having friends is important. Please give me opportunities to make friends.



5 Fun

Life is about having fun. Please help me do activities that I find the most fun.



6 Future

I am growing up every day, so please find ways for me to participate and be included in my community.



<https://www.canchild.ca/en/research-in-practice/f-words-in-childhood-disability>

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Based on Rosenbaum, P. & Gorter, J.W [2012], The 'F-words' in childhood disability: I swear this is how we should think! Child: Care, Health and Development, [38] 4. Visit <https://www.canchild.ca/en/research-in-practice/f-words-in-childhood-disability> for more resources.

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