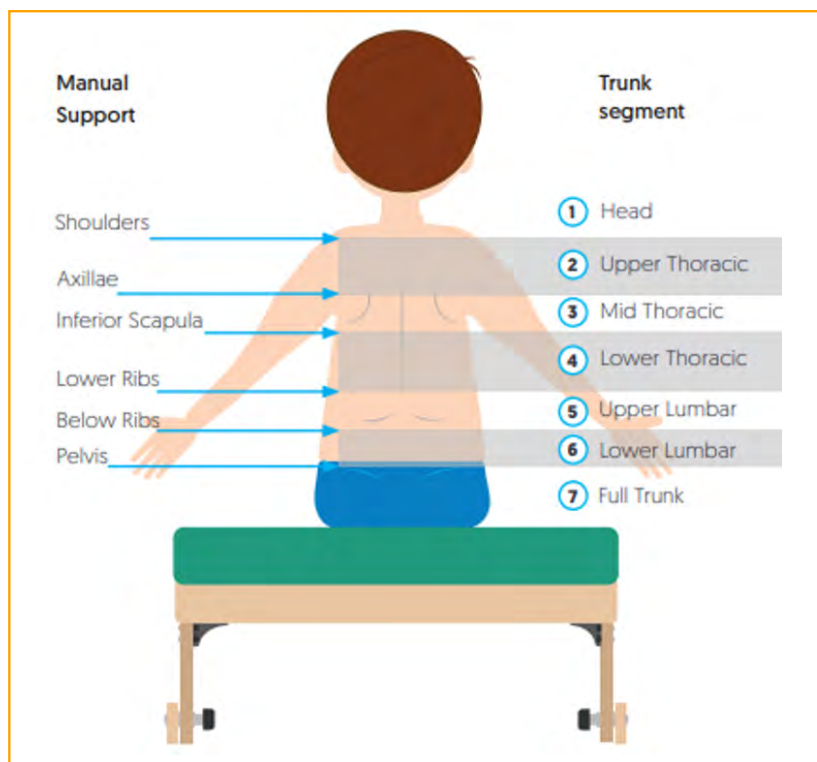


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Using SATCo to Inform and Influence Treatment Strategies

Many strategies for providing postural support to clients are based on facilitating proximal stability for distal function or subjectively assessing their postural control. SATCo is an alternative assessment strategy used to objectively measure where to offer postural supports and where therapy should be focused to improve posture and balance.



SATCo stands for Segmental Assessment of Trunk Control. It involves a structured process of evaluating the level of trunk control starting from the head and moving toward the pelvis, one body segment at a time. Static (no movement), active (reaching), and reactive (with a perturbation from the tester) control is evaluated. The client must have control in all three domains before moving to the next level.

Using SATCo to Inform and Influence Treatment Strategies

1. Incorporating SATCo into Assessment: Begin by integrating SATCo into postural assessments and interventions. By utilizing the standardized measures provided by SATCo, clinicians can gather baseline data on clients' control, allowing for a more targeted approach to intervention or even illustrating the before and after effects of a seating intervention.
2. Tracking Progress Over Time: One of the key benefits of SATCo is its ability to track progress or change over time. Regularly administering assessments allows clinicians to identify changes in postural control. This data-driven approach empowers therapists to make informed decisions about the direction of the treatment or a seating intervention.

Using SATCo to Inform and Influence Treatment Strategies (Continued)

3. Tailoring Interventions: SATCo provides therapists with a nuanced understanding of where a client loses postural control. Armed with this information, therapists can tailor their interventions more effectively. Whether adjusting therapeutic interventions (targeted training) or altering the postural supports in their seating systems, SATCo guides therapists in refining their approach to meet a client's evolving needs.
4. Demonstrating Effectiveness: In an era where evidence-based practices are highly valued, SATCo offers therapists a means to demonstrate the effectiveness of their interventions. The systematic and data-driven nature of SATCo assessments contributes to building a solid foundation for evidence-based practice.

Integrating SATCo into your clinical approach can be a game-changer for therapists looking to enhance the quality and effectiveness of their interventions. By utilizing SATCo's assessment tools and tracking progress over time, therapists can create a more informed therapeutic process. As assistive technology continues to evolve, tools like SATCo ensure that therapists provide client-centered and evidence-based care. You can learn more about SATCo at <https://www.leckey.com/media/3260/satco-clinical-workbook.pdf>

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